

OCTOBER | 2023

Vestaburg Lunch Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2 PULLED PORK ON A BUN OR 3 CHEESE CAVATAPPI MAC N' CHEESE CRUNCHY CABBAGE SLAW WHOLE APPLE WHITE MILK CHOCOLATE MILK	3 GARLIC CHEESE FRENCH BREAD PIZZA OR SLOPPY JOE ON A BUN BROCCOLI BANANA WHITE MILK CHOCOLATE MILK	4 SOFT TACOS WITH MEAT & CHEESE REFRIED BEANS OR MINI CORNDOG NUGGETS BAKED BEANS GRAPES WHITE MILK CHOCOLATE MILK	5 CHICKEN TENDERS OR BEEF MEATBALLS GARLIC BREADSTICK MASHED POTATOES MIXED TROPICAL FRUIT WHITE MILK CHOCOLATE MILK	6 HAMBURGER ON A BUN OR BOSCO STICKS MARINARA CUP COOKED CARROTS APPLE SLICES WHITE MILK CHOCOLATE MILK
9 TERIYAKI BEEF DIPPERS GARLIC BREADSTICK OR CHICKEN NUGGETS FRIED RICE BROCCOLI WHOLE APPLE WHITE MILK CHOCOLATE MILK	10 TACO QUESADILLA REFRIED BEANS OR CHILI & CORNBREAD BAKED BEANS BANANA WHITE MILK CHOCOLATE MILK	11 PANCAKES & SAUSAGE OR HAM AND CHEESE SANDWICH ON A CROISSANT WITH GOLDFISH TATER TOTS GRAPES WHITE MILK CHOCOLATE MILK	12 5 CHEESE LASAGNA ROLL-UP OR EGG & CHEESE OMELET BLUEBERRY MUFFIN GREEN BEANS MIXED TROPICAL FRUIT WHITE MILK CHOCOLATE MILK	13 NO SCHOOL
16 PULLED PORK ON A BUN OR 3 CHEESE CAVATAPPI MAC N' CHEESE CRUNCHY CABBAGE SLAW WHOLE APPLE WHITE MILK CHOCOLATE MILK	17 GARLIC CHEESE FRENCH BREAD PIZZA OR SLOPPY JOE ON A BUN BROCCOLI BANANA WHITE MILK CHOCOLATE MILK	18 SOFT TACOS WITH MEAT & CHEESE REFRIED BEANS OR MINI CORNDOG NUGGETS BAKED BEANS GRAPES WHITE MILK CHOCOLATE MILK	19 CHICKEN TENDERS OR BEEF MEATBALLS GARLIC BREADSTICK MASHED POTATOES MIXED TROPICAL FRUIT WHITE MILK CHOCOLATE MILK	20 HAMBURGER ON A BUN OR BOSCO STICKS MARINARA CUP COOKED CARROTS APPLE SLICES WHITE MILK CHOCOLATE MILK
23 TERIYAKI BEEF DIPPERS GARLIC BREADSTICK OR CHICKEN NUGGETS FRIED RICE BROCCOLI WHOLE APPLE WHITE MILK CHOCOLATE MILK	24 TACO QUESADILLA REFRIED BEANS OR CHILI & CORNBREAD BAKED BEANS BANANA WHITE MILK CHOCOLATE MILK	25 PANCAKES & SAUSAGE OR HAM AND CHEESE SANDWICH ON A CROISSANT WITH GOLDFISH TATER TOTS GRAPES WHITE MILK CHOCOLATE MILK	26 5 CHEESE LASAGNA ROLL-UP OR EGG & CHEESE OMELET BLUEBERRY MUFFIN GREEN BEANS MIXED TROPICAL FRUIT WHITE MILK CHOCOLATE MILK	27 TACO MEAT & CHEESE TOSTITOS CORN CHIPS SALSA CUP OR PEPPERONI PIZZA RIPPER COOKED CARROTS APPLE SLICES WHITE MILK CHOCOLATE MILK
30 PULLED PORK ON A BUN OR 3 CHEESE CAVATAPPI MAC N' CHEESE CRUNCHY CABBAGE SLAW WHOLE APPLE WHITE MILK CHOCOLATE MILK	31 GARLIC CHEESE FRENCH BREAD PIZZA OR SLOPPY JOE ON A BUN BROCCOLI BANANA WHITE MILK CHOCOLATE MILK	1 SOFT TACOS WITH MEAT & CHEESE REFRIED BEANS OR MINI CORNDOG NUGGETS BAKED BEANS GRAPES WHITE MILK CHOCOLATE MILK	2 CHICKEN TENDERS OR BEEF MEATBALLS GARLIC BREADSTICK MASHED POTATOES MIXED TROPICAL FRUIT WHITE MILK CHOCOLATE MILK	3 HAMBURGER ON A BUN OR BOSCO STICKS MARINARA CUP COOKED CARROTS APPLE SLICES WHITE MILK CHOCOLATE MILK

News

BREAKFAST AND LUNCH ARE FREE TO ALL STUDENTS ENROLLED IN VESTABURG COMMUNITY SCHOOLS.

ALL MEALS ARE OFFERED WITH OUR FRUIT BAR DAILY.

EVERY STUDENT MUST TAKE A FRUIT AT BREAKFAST!

MILK IS AVAILABLE TO PURCHASE FOR \$0.50 FOR THOSE BRINGING MEALS FROM HOME.

PLEASE BE PATIENT WITH US AS WE ARE EXPERIENCING SUPPLY CHAIN ISSUES AND ARE TRYING OUR HARDEST TO GET THE ITEMS THAT ARE ON THE MENU.

THE MENU IS SUBJECT TO CHANGE WITHOUT NOTICE.

ANY QUESTIONS OR CONCERNS PLEASE EMAIL LAURA KIMBELL
L.KIMBELL@VCS-K12.NET
OR CALL
(989)268-5353 EXT 2195

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